Moorland Parish Link

Widecombe



January 2024

Church and Community Magazine of The Moorland Team

The Ministry Team

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Safeguarding: If you have a concern about the safety of someone or the actions of someone working with children or vulnerable adults, please speak to someone:

Moorland Team Safeguarding Adviser - Judy Southcombe 01364 621520 Diocesan Safeguarding Team - <u>SafeguardingEnquiry@exeter.anglican.org</u>

Moorland Team Website: https://ashburtonandmoor.org.uk/safeguarding

Table of Contents					
The Ministry Team	<u>2</u>	St Gabriel, Postbridge	<u>19</u>		
Safeguarding	<u>2</u>	Church Services for January	<u>22</u>		
The Parish Letter	<u>3</u>	Holy Communion Midweek & Home	<u>23</u>		
Churchwardens	<u>4</u>	Dates for the Diary	<u>23</u>		
Moorland Team Officers	<u>4</u>	St Pancras, Widecombe-in-the-Moor	<u>25</u>		
Church News & Events	<u>5</u>	Dunstone & Poundsgate Chapels	<u>35</u>		
Rainfall	<u>5</u>	Other Community News & Events	<u>37</u>		
St Mary, Holne	<u>7</u>	Business Directory	<u>41</u>		
St Raphael, Huccaby	<u>11</u>	Final Word	<u>43</u>		
St John the Baptist, Leusdon	<u>13</u>				

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The Parish Letter

New Year's Resolutions

Here are the top 10 resolutions for 2024!

- Exercise more
- Eat more healthily
- Learn a new skill or hobby
- Spend more time with family and friends
- Stop smoking

- Lose weight
- Take a more proactive approach to health
- Spend more time on personal wellbeing
- Drink less alcohol
 - · Reduce your screen time

I suppose most of those are fairly predictable and you can be sure that membership of gyms and weight loss programmes will be soaring as we start the New Year! There is nothing wrong with any of these resolutions, but as Christians we have different priorities and values to that of the world; we should be concerned not just about our own lives but about the Kingdom of God. I think that the start of the New Year can be a good time to review our lives as we look back on the year that is past and consider the year ahead.

Rather than making resolutions, I commend to you (and to myself!) having a 'Rule of Life'. A Rule of Life is "an intentional, conscious plan to keep God at the centre of everything we do. The starting point and foundation of any Rule is a desire to be with God and to love him" (Scazzero). Having a rule of life is a feature of most religious orders; the best known being the Rule of Benedict. But we don't have to be a monk or nun to have a rule of life!

Here is a suggestion of the areas of life to consider:

- 1. My Relationship with God: Am I spending time each day in bible reading/study and prayer? Do I take time simply to 'sit at the feet of Jesus'?
- 2. My Personal Life & Health: Am I taking rest and having enough sleep? Am I eating well and taking exercise? Do I have time for recreation and hobbies?
- 3. My Relationships: Am I giving time to my spouse, my family and friendships? Am I caring for my neighbours and those I work with?
- 4. My Church: Am I part of my local worshipping community, using my gifts to build up the fellowship? Am I involved in serving God in practical ways and being generous with my time and money? Am I sharing the love of Christ in what I do and say? Am I being stretched in my faith and taking risks for the sake of the Kingdom?
- 5. My Work: Have I considered God's calling on my life? Is there something new that God has planned for me? What am I doing at present; is it life-giving or life-draining; is there something I should stop doing?

The benefit of having a Rule of Life is to help us be more intentional in the way we live. Without a rule of life, life tends to rule us! We find ourselves rushing around, reacting to peoples demands and expectations and ending up exhausted at the end of each day. Why not spend some time at the beginning of this year considering your 'Rule of Life'?

John Bennett

Churchwardens

St Mary the Virgin, Holne with St Raphael, Huccaby					
Gillian Parker	Thimble Hall, Hexworthy, PL20 6SD	01364 631507	stmaryvirgin2022@gmail.com		
Anthony Parker	as above	as above	straphael1868@gmail.com		
St John the Baptist, Leusdon					
Geoff Bamsey	26 Old Manor Close, Holne Cross, TQ13 7JF	01364 652820	geoff.bamsey486@gmail.com		
Patrick Simpson	Spitchwick Manor, Poundsgate, TQ13 7PB	01364 631209	admin@bennah.co.uk		
St Gabriel, Postbridge					
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St Pancras, Widecombe					
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St Peter, Buckland in the I	Moor				
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BENEFICE OFFICE - Cassie will be in the office on Tuesdays, Wednesdays and Fridays. She will be working remotely on Thursdays. Office hours are 9.00am - 3.00pm

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PARISH OFFICE - Email: parishoffice1@tiscali.co.uk

Moorland Team Officers

Treasurer Francis Parffrey		Hillcrest, Bowden Hill, Ashburton TQ13 7EA	01364 654067	francis.parffrey@gmail.com
Secretary	Gillian Parker	Thimble Hall, Hexworthy, PL20 6SD	01364 631507	stmaryvirgin2022@gmail.com
Safeguarding Adviser		Judy Southcombe - 01364 621520	judysouthcombe@yahoo.co.uk	
Team Administrator		Cassie Long - 01364 654280	admin@moorlandteam.org.uk	

Church News & Events

ASHBURTON & MOORLAND
MISSION COMMUNITY

MOOR WORSHIP

Every fourth Sunday of the month 7pm to 8pm St Andrew's Church, Ashburton' Refreshments from 6.45pm

WORSHIP, PRAY, REFLECT, RECHARGE

22 OCTOBER, 26 NOVEMBER, 28 JANUARY, 25 FEBRUARY, 24 MARCH, 28 APRIL

'Some months Moor Worship will be at St Michael's Church, Ilsington. See our Facebook page: ashburtonallagechurch for details

From the Registers

Wedding Blessing	Widecombe	18th November	Sue Adams & Bernard West
Memorial & Thanksgiving	Widecombe	30th November	Peter Dracup
Funeral	Holne	4th December	David Powell

Rainfall in November 2023

Place	Total Rainfall	Days without rain	Wettest Days
Postbridge	269.3mm (10.6")	3	1st 49.3mm (1.9") 12th 24.8mm (1.0")
	(November 2022	- 352.8mm (13.9")	
Holne	308mm (12.13")		1st 60.1mm (2.37")





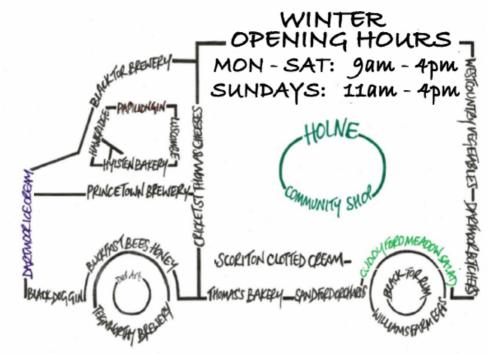
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St Mary the Virgin, Holne

For contact information, ministers and church officers please see front of the Link

Church Services—see Page 22 for details or

www.ashburtonandmoor.org.uk/holne

Date	Time	Service
14th Jan	18.00	Holy Communion
21st Jan	09.00	Holy Communion (BCP) at Huccaby
28th Jan	17.00	Evening Worship

New year, new beginnings. Are you someone who looks forward to a brand-new start or are you fearful of what the future might bring? Probably the answer to those questions depends on age and personal circumstances. Life is full of uncertainties and even the best laid plans can be disrupted by events beyond our control. But a new year can also bring unexpected opportunities that add a richness to your life.

It might be taking part in an activity that brings you into contact with different people where new friendships as well as new skills are developed. Becoming a volunteer is often one of the most rewarding things to do. A common theme is that involvement with people whether friends, family or strangers is something that is a fundamental requirement for human beings.

To be able to share joys and sorrows, laugh or cry together and celebrate with and support each other is important for most people. We are fortunate that in Holne there are many opportunities to be involved in group activities or committees as well as having a community that looks out for one another especially in challenging times.

The early church was very much a community. One that met together in houses to worship and to share meals. At times of persecution either by the Roman state or neighbours who disliked these people who were living very different lives to their own, the support, prayers and encouragement of other Christians was vital.

Meeting and worshiping together is something that Christians still value and we welcome anyone who wants to join us whether at a formal service or the informal prayer and Bible study group. We meet as a community that loves and supports others but also to spend time together in God's presence because He is our friend, our comforter and inspiration. Whatever the future brings, we know that God will be by our side to share the good and the bad times and give us hope for the future.

Happy New Year.

Gillian







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Holne Village Hall

Soup & Cheese lunch with raffle

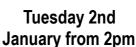
2nd Friday for January only Friday 12th January from 12.30pm

Please ring Maggie Arden on 01364 631438 for further details





Holne Whist





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St Raphael, Huccaby

For contact information, ministers and church officers please see front of the Link

Church Services—see Page 22 for details or

www.ashburtonandmoor.org.uk/huccaby

Ecumenical Pilgrimage Leusdon to Poundsgate: Sunday 4th February 2024

Approximately 1.5 miles in length, the route will be clearly marked and there will be highly visible Pilgrims guides walking with you.

The start location of St John the Baptist Church, Leusdon (Grid reference SX 709732), has been more than once described as 'beautiful' and undoubtedly the location offers brilliant vistas – including on a clear day - views to the sea!

From the outside, and the thing perhaps not easily seen, is that it is not Medieval. Many High Dartmoor churches are Medieval but of the Victorian ones, Leusdon is the largest. There was a Chapel of Ease dedicated to St Leonard near this site before,



part of the ecclesiastical parish of Widecombe in the Moor. St Leonard's Chapel in 'Spychwyke' is referred to in a grant of 1284 issued by Roger de Rous of Wydecomb. The area below Leusdon is still called Spitchwick, from the Old English 'spic' for bacon and 'wic' for a farm or trading place for pigs.



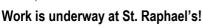
Please gather at 2pm at the Church for a briefing on the Pilgrimage and short prayers led by Revd. Jenny Weigel before setting off.

Just 30 minutes later, at the top of a small incline you will see the Poundsgate Methodist Church, (Grid reference SX

720731), known as the 'Chapel on the Moor' - in front of you. Poundsgate Church is 'older'

than St John the Baptist Leusdon, having been first recorded as a Trust on 17th August 1833.

Please go into this delightful Chapel, pick up a Visitors to Pilgrims brochure, and get your Pilgrim Passport stamped! At 3 pm there will be a service led by Revd. Kevin Hooke. The Church literally 'sings the faith', expressing it's methodist theology through singing. Then, of course, its coffee and cake!



Just a quick update on the maintenance and refurbishment of St Raphael's. As I write, all should be redecorated for our Carol Service on the 29th of December. How long the 'like new', spotless décor lasts remains to be seen!

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St John the Baptist, Leusdon

For contact information, ministers and church officers please see front of the Link

Church Services—see Page 22 for details or

www.ashburtonandmoor.org.uk/leusdon

Date	Time	Service
14th Jan	12.00	Plough Service
21st Jan	12.00	Parish Communion
28th Jan	12.00	Parish Communion

Leusdon Church is open all day, every day. You are welcome to visit at any time – an opportunity to sit quietly, say a prayer and enjoy our beautiful building.

Any queries, please contact **Rt Revd Mark Rylands** (Team Rector) 01364 716309

mark.rylands@mmuk.net

Leusdon Memorial Hall

As we move on to our second 100 years I am sure there will be many challenges and opportunities as we move through it.

Good luck to everyone who comes after us.

We held our last Coffee Morning on the 6th December, it was very well supported and took the form of Carols, coffee and cake. Overall we raised £237.00 for hall funds. Our next Coffee Morning is on **Wednesday 3rd January 2024 10.00am -12.00 noon**. Hopefully we will welcome our Community Support Officer who would be happy to discuss any concerns you might have; it would be good to see you there.

There will be the usual Whist at Leusdon on Monday 8th January with the lunch at 1.00pm followed by whist at 2.00pm. The next committee meeting will be on Thursday 18th January at 7.00pm. You can now keep up to date by visiting Leusdon Memorial Hall Facebook page to get details of events in the Hall and the wider community. Thanks to our social media team we now have over 300 followers.

Should you wish to book the Hall, it is available for hire at £10.00 per hour, there are special rates for regular users. Further details can be obtained by contacting our Booking Secretary: Amanda Routley on 01364 631432 email: leusdonmemorialhall@yahoo.com

Tables at the Coffee Morning can be booked for £5 per table per session, please either book these by using the details above or coming to see us at the coffee morning.

In the meantime, if anyone would like to discuss any aspect of the Hall, please contact myself or any committee member.

John Southcombe - email: johnsouthcombe@hotmail.com for Leusdon Memorial Hall Charity no 300887

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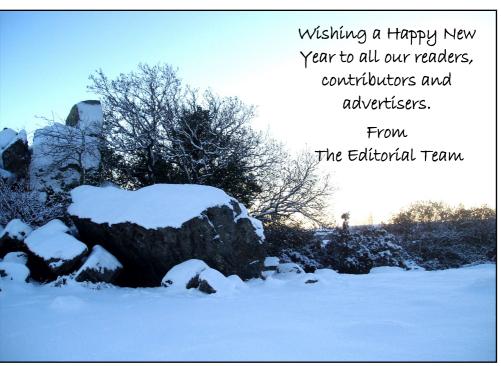
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juliayoung644@btinternet.com

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St Gabriel, Postbridge

For contact information, ministers and church officers please see front of the Link

Church Services—see Page 22 for details or

www.ashburtonandmoor.org.uk/postbridge

Date	Time	Service
14th Jan	09.00	Holy Communion (BCP)

Postbridge Church is open all day, every day. You are welcome to visit at any time – an opportunity to sit quietly, say a prayer and enjoy our beautiful building.

Any queries, please contact **Rt Revd Mark Rylands** (Team Rector) 01364 716309 mark.rylands@mmuk.net





Mobile Post Office Every Monday (excl Bank Holidays)

Monday 1st January service has been moved to Tuesday 2nd January same place, same time!!

Widecombe

10.00 - 11.30

Green Car Park, next to Café On the Green

Postbridge 12.30 - 14.00

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Buckland-in-the-Moor Whist



12.30pm Optional soup and a roll lunch £2 at 2.00pm



Whist £3 including half-time refreshments & draw

Thursday 25th January

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Buckland Community Hall

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beautiful location and has parking
The charge for hiring the hall is

Parishioners £8 per hour Others £10 per hour

For further details or to book, please call 01364 653845

Postbridge Coffee Morning

There will be no Coffee Morning in January.

We hope to be back again in February.

Details in next months Parish Link.

Maureen

PHYL'S FOLLIES

RED

A fun pantomime for all the family
Performances begin 7.30pm
on 25th, 26th January, 1st, 2nd & 3rd February 2024
Matinee on Saturday 27th January at 2pm
At Postbridge Village Hall
Tickets available from 5th December (£8 adults, £4 children)
Ice creams must be ordered in advance, £2 each
Box office postbridgepanto@gmail.com
or ring 01822 880223

POSTBRIDGE VILLAGE HALL

Available for Hire



Parties Parties

Meetings

Special rate for Postbridge Residents

For more information on booking please contact:

Elaine Smerdon 01822 880065 elainesmerdon@yahoo.com

Church Services for January 2024

7th Janua	ry	Epiphan	у	Go	old or White			
Readings - Ge	enesis 1.1	–5, Psalm 29, Acts 19.1–7, Mar	k 1.4–11					
Widecombe	10.30	Epiphany Family Service	Ashburton	08.00	Holy Communion (BCP)			
			Ashburton	10.30	Christingle			
			Ilsington	10.30	Holy Communion			
			Buckland	15.00	Holy Communion			
			Bickington	16.00	Christingle			
14th Janua	ary	Epiphan	y 2 /Plough	Sunday	White			
Readings - 1 S	amuel 3.1	1–10 [11–20], Psalm 139.1–5, 12	2–18*, Revelation	5.1–10, Jo	ohn 1.43–end			
Postbridge	09.00	Holy Communion (BCP)	Ilsington	08.00	Holy Communion (BCP)			
Widecombe	10.30	Plough Service	Ashburton	10.30	Parish Communion			
Leusdon	12.00	Plough Service	Ilsington	10.30	Family Service			
			Ashburton	15.00	Moor & Messy Church			
			Holne	18.00	Holy Communion			
21st Janua	ary	Epiphan	y 3		White			
Readings - Gei	nesis 14.1	17–20, Psalm 128, Revelation 19	9.6–10, John 2.1–	11				
Widecombe	10.30	Parish Communion	Huccaby	09.00	Holy Communion (BCP)			
Leusdon	12.00	Parish Communion	Ashburton	10.30	Family Communion			
			Ilsington	10.30	Holy Communion			
			Bickington	10.30	Morning Worship			
			Buckland	15.00	Evening Worship			
			Ashburton	18.30	Celtic Reflective Service, St Petroc's*			
28th Janua	ary	Epiphai	ny 4		White			
Readings - Det	uteronom	y 18.15–20, Psalm 111, Revelat	ion 12.1–5a, Mark	1.21–28				
Widecombe	10.30	Parish Communion	Ashburton	09.30	Breakfast Church			
Leusdon	12.00	Parish Communion	Ashburton	10.30	Parish Communion			
			Ilsington	10.30	Morning Praise			
	Holne 17.00 Evening Worship							
Services marked with * are led by Ashburton Methodists. All welcome!								

Holy Communion

Midweek & At Home

There is a service of Holy Communion every Wednesday at 10.30

at St. Andrew's Church in Ashburton You will be most welcome!.



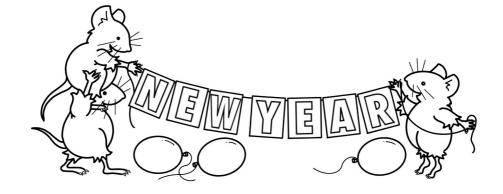
Communion at home

If you would like to receive Home Communion please contact Mark (see page 2 for contact details)

Dates for the Diary

Janu	uary 2024	Page
2nd	Holne Whist	<u>9</u>
2nd	Princetown History Club	<u>37</u>
3rd	Leusdon Coffee Morning	<u>13</u>
3rd	Widecombe History Group	<u>29</u>
3rd	High Moorland WI	<u>37</u>
4th	Widecombe PC	<u>25</u>
8th	Leusdon Whist	<u>13</u>
10th	Dunstone Charity Lunch	<u>35</u>
12th	Holne Soup & Cheese Lunch	<u>9</u>
15th	Bickington Community Lunch	<u>37</u>

Janu	ary 2024	Page		
15th	Postbridge Mini-Market	<u>19</u>		
16th	Parish Link Deadline			
19th	Widecombe Winter Regatta	<u>27</u>		
25th	Dartmoor Forest PC	<u>40</u>		
25th	25th Buckland Whist 25th Phyl's Follies begins 30th Jubilee Orchard Wassail			
25th				
30th				
Upco	ming Events - February 2024			
10th	h Concert, Widecombe Church			
16th	Valentine Dinner & Dance	<u>24</u>		



Widecombe & District Sports Group

For membership renewals please email cl.partridge@hotmail.co.uk or tel: 621468.

Alternatively membership forms can be found in the noticeboard by the court.

Regular Bookings: Tuesday & Thursday: Tennis Adults (16+)6.30 Under 16's with ability are welcome to these sessions with a parent who is also playing. For queries re tennis phone Di Cameron on 621218

Please remember to wear soft soled shoes and to leave the court tidy with the net replaced. Report any damage immediately to Claire Partridge (Secretary) on 621468. Close all gates and replace the keys.

For more information about WDSG visit www.widecombe-in-the-moor.com/sports_group/

Thank you and enjoy your sports area.

Widecombe Church House Management Committee Chairman - Mike Pascoe

To book the Hall please contact Rose Mortimore 01364 631238.

Rates of Hire

Local Events: £6.00 per hour Non-local Events: £10.00 per hour

Non-local commercial events: £100.00 per day

For any other rates please contact the Bookings Secretary

Payment by cheque is preferred. Cheques to be made payable to Widecombe Church, House Fund and send to Sarah Reeve,

Bonehill Cottage, Bonehill Lane, Widecombe-in-the-Moor,

TQ13 7TD

For all other matters relating to the Church House please contact Diana Cameron on

01364 621218



Widecombe Community Hall CIO invites you to a

UALENTINE'S DINNER & DANCE

The Old Inn
Widecombe-in-the-Moor
February 16th 2024
7:30pm
with music from
'Go Tell Alice'



Tickets are £30 for two course meal & coffee
Tickets available from: chrismayhead@gmail.com
or from widecombecommunityhall.org

St Pancras, Widecombe-in-the-Moor

For contact information, ministers and church officers please see front of the Link

Church Services—see Page 22 for details or

www.ashburtonandmoor.org.uk/widecombe

Date	Time	Sidesperson	Coffee	Flowers
7th Jan	10.30	Dawn	Val and Richard Casey	Christmas flowers
14th Jan	10.30	Judy	Wendy Cruze	Jenny
21st Jan	10.30	Peter	Kris and Peter	Wendy Beard
28th Jan	10.30	Clare	Clare	Wendy Beard

Widecombe Church is open all day, every day, 9-5. You are welcome to visit at any time – an opportunity to sit quietly, say a prayer and enjoy our beautiful building.

Any queries, please contact Rt Revd Mark Rylands (Team Rector) 01364 716309 mark.rylands@mmuk.net

John Mousley Interment of Ashes

A service of remembrance will take place in Widecombe church on Saturday 6th January at 2.30pm.

Tea and cake will be served afterwards in the Church House.

A warm welcome.....

At the end of this month our new Vicar arrives all the way from New South Wales, Australia! Ross Hathway and his wife Alison are coming with two suitcases and will stay with relatives in Exeter for a couple of weeks before moving in to the Vicarage. During that time they will be looking for furniture for the house. If you have anything suitable that you want to "off-load" please bear them in mind for early February! You can let me know what it is, I will be in touch with Ross again in the New Year.

We look forward to their arrival and wish them a safe journey, maybe they will bring sunshine with them!

> Mike Pascoe, Churchwarden

Widecombe Parish Council

Next Meeting



Thursday 4th January 2024 in the Church House at 7.30pm



Widecombe Fair

The Widecombe Fair Committee Company

invite organisations to apply for small grants which will be considered at the March meeting.

All requests must made in writing or emailed to the Chairman:

Mike Pascoe

Wooder Bungalow, TQ13 7TR. pascoewooder@yahoo.co.uk

FERIO SAXOPHONE QUARTET

St Pancras Church Widecombe

Saturday 10th February 20246pm

In aid of the organ replacement project

Tickets available from Rugglestone Inn or Café on the Green. £15 each, non reserved seating. Or at the door.

Reserved seating £20 per ticket, via mikebrown007@hotmail.com

Drinks available for purchase beforehand and during the interval. *Payment with cash only*.

Handel, Elgar, Bernstein, Gershwin and more

"Unalloyed delight....irresistible exuberance"
Financial Times

www.Feriosax.co.uk







<u>PreSchool (2-5years)</u> Tue 9:15am - 3pm Wed 9:15am - 12:45pm Fri 9:15am - 3pm

See website for fees and funding info.

Widdytots (Newborn-5years)
Parent & Child sessions

On the last Monday of the month that falls in term time. 9:30am - 11:30am Relaxed informal group with drinks and snacks. £3 per child, £1 sibling.

"You can tell how much the staff love the preschool by how much they put in to it and in return how much the children love them!"

Our PreSchool is set in the heart of Widecombe with weekly music, yoga, cooking and lots of exploring and play!

We also have a fantastic sensory garden, space to dig, grow vegetables and pick fruit.

Our outdoor classroom is run every
Wednesday in our field nearby where we
cook over an open fire, hunt for bugs and
swing in the trees!

www.widecombepreschool.org.uk

Info@widecombepreschool.org.uk (01364) 621273

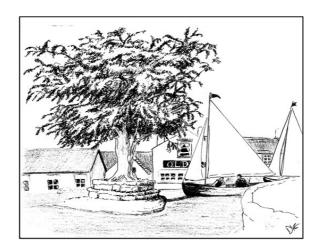
'Our children have both thrived at Widecombe exploring the various outside spaces and taking adventure walks around the local fields'



Widecombe Sailing Club Presents

Winter Regatta

at The Old Inn, Widecombe Friday 19th January 2024



Two course dinner* and lots of singing songs of the sea!

£22 tickets from Daf Edwards on 01364 621242/07957 280129 or dafedwards53@gmail.com

Everyone welcome! Diners invited to stand up and sing or recite - no need for stagefright as it's not a performance, just a lot of fun! Nautical attire actively encouraged, non-singing diners equally welcome.

 st vegetarian and GF options available

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Tel: 01647 432277

Email: dartmoor@rendells.co.uk



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01364 631572

07786 355682

"Most excellent Hocus Pocus" Witchcraft in the 16th & 17th Century



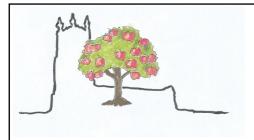
NEW YEAR LUNCH THE OLD INN Widecombe-in-the-Moor

Wednesday 3rd January 2024 12.30pm for 1.00pm

after lunch speaker *Dr. George Southcombe* (Sarah Lawrence College, New York and Wadham College, Oxford)

For details and to book please contact Rose Mortimore tel 01364 631238 or email history@widecombe-in-the-moor.com

Widecombe History Group .charity no.1144684



Wassail

Meet in the Widecombe village orchard 30th January 2024 at 7.30 pm.

Come and join the Widecombe singers to sing around the trees and enjoy a bonfire.

Bring a torch and join in the fun to make a lot of noise to bless the new trees.





Francis Parffrey Legal Services Ltd

CONVEYANCING - POWERS OF ATTORNEY - PROBATE SERVICES - WILLS

We can help you here in the Ashburton and Moorland Area Free initial home visit

Please contact Francis by phone at

01364 653 331 or 07443 622 903



Widecombe Handbells

If you'd like to join us and take up handbell ringing please do get in touch with Judy Southcombe, 01364 621520 or email judysouthcombe@yahoo.co.uk

We would like to continue the handbells as a regular monthly ringing as it would be wonderful if a team could be ringing in 2025 to celebrate 100 years of handbell ringing in Widecombe.

Everyone is welcome, all ages and abilities, no need to read music £2 donation to cover costs

Widecombe Singers

.....if you want to join the Singers they rehearse at

The Church House, Widecombe

on

Tuesday evenings at 8pm
Admission £3

Telephone Rose 01364 631238 for anymore details.....





Widecombe Christmas Tree Festival gains a famous fan

The Christmas Tree Festival is always popular, but this year it has gained a rather famous fan.

Widecombe Sewing Group's tree was on the theme of "Endangered Animals and microplastics" with a knitted figure of Sir David Attenborough as the "angel" on the top. By an extraordinary co-incidence a visitor's photograph of the tree made it's way, via friends, to David Attenborough himself! He is reported to be tickled and delighted by it.

The organisers hope that all the visitors to the Festival enjoyed it and will be posting a review of it in our next edition. Meanwhile here's a preview of the amazing Widecombe Sewing Group tree in case you didn't see it!

News from the East Shallowford Trust

'What happens when you have no children?' is a common question.

Well, there is all the cleaning, washing, painting, ironing, scrubbing weeding, planting, cutting, sorting farmers know, the job is never done. Behind the scenes there is also the writing, reporting, fundraising, training, planning, regulations and more regulations, the list goes on and on. It takes time and more to the point, we have been and plan to reach out to more people and not just 'youth'. Why? Because all of us genuinely believe that an immersion on a farm, a Dartmoor hill farm, can for many, change lives in an incredibly positive way. For some, it has literally saved their lives.

The last month we spent a huge amount of time fundraising. Banned from the Moor performed an absolutely brilliant Ceilidh in Ashburton Town Hall (amazingly beautiful historical rooms for those who do

Shallowford Farm



Professional volunteers maintain our strawberries to keep them safe over the winter.

not know it) with backup from Tempus – a band of boys emerging from their days at South Dartmoor. The reason? To help raise funds for those who cannot afford to visit! We strived to reach our massive



Volunteers making safe the hawthorn and rowan trees down the hill.

target, incredibly raising over £40,000 (money is still trickling in) through people donating £10, £25 and sometimes a little more. It's incredible how it all adds up, for which we can only say a huge THANK YOU!

Three schools this year have asked for help in fundraising. All three start in November, collecting £5 or £10 a week from parents for the spring or summer trip. These are people for whom visiting a farm, learning about where their food comes from, touching a sheep, a pig, sniffing hay or

silage is about as challenging and unimaginable as flying to Mars.

Our outreach has to increase, has to grow. Flat, simulating screens are now for many their real world. We need to reach through, to grasp and inspire, to pull bedroom bound youth onto the moors where the wind can whip across rosy cheeks and sucking black mud can invoke a screech of fearful joy. This coming month we are recruiting a new member of staff, to work with Goosemoor, a Dartmoor based company as part of their 'Educatoring' programme, bringing children to at least ten Dartmoor farms.

The job description has the hidden words, 'Superperson'! Farm to fork, feet to mud, friends to fields, fingers free to feel moss, rough tree bark, watch the stars through the branches of an ancient oak. This should be normal, this is what humans have been doing for the last three hundred thousand years. The first city existed about 7,000 years ago.

(Continued on page 35)



'Rolling Along' launches in January 2024!

The FREE email newsletter for everyone in Widecombe in the Moor is brought to you by a consortium of social and charitable groups in the village.

We'll be bringing you news of events in Widecombe, with an emphasis on pictures and some longer stories that The Parish Link does not have space for.

Sign up for FREE at Widecombe.substack.com

We are based on the substack platform, a commercial venture. But 'Rolling Along' is free to residents of Widecombe and always will be! You can unsubscribe at any time.

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PILATES

For Health and Wellbeing

Friendly, fun classes, max 13 students, beginners and improvers welcome. Exercises taught in slow and mindful movements, to gradually improve your strength, flexibility, overall mobility, balance and posture. Learn to move more efficiently and be less prone to injury, achieve a strong core, develop longer and leaner muscles, improve your tone and increase your overall sense of wellbeing.

BOVEY Wickham Hall

Monday mornings

ASHBURTON Town Hall

Tuesday mornings

BUCKFASTLEIGH St Luke's

Wednesday mornings

ONLINE CLASSES

Thursday mornings

To book a place in class contact: Faith Burch 07952 157585 faithburch1964@gmail.com

Qualified with The Pilates Foundation



Dunstone & Poundsgate Methodist Chapels

Ministers: Rev'd Kevin Hooke (01626) 832369 Church contacts: Nigel Davis (01364) 631476 or Serena Walcot (01364) 631279

Sunday Service

Dunstone - Informal service at 3pm in Dunstone Chapel every week and all are welcome. **Poundsgate** - our All Saints/All Souls Service will be on **Sunday 7th January at 15.00** when we will welcome Fr Francis from Buckfast Abbey.

Dunstone Charity Lunches

The next lunch will be on **Wednesday 10th January from 12 noon until 3pm**. and will be in aid of **Widecombe Community Hall**

There will be soup, bread, sushi, savory dishes, salads and cakes.

There is no set price, you are asked to make as generous a donation as possible for the charity we are collecting for.

Thank you to all those who came to the December Dunstone lunch in aid of the Rowcroft Hospice. Through your generosity we raised £170 and £53.50 for the Chapel, this is very much appreciated.

Please support our lunch to make it worthwhile putting it on.

(continued from page 32)

Confinement to an urban existence, perhaps began after the First World War. And screens? Well,

there was the boom due to the Queen's Coronation in 1953 that gave a new evening past-time for British households. But flat hand held phone screens slipped around the globe into everyday life around 2013. That is ten years ago! Ten years since children's legs have started to atrophy and obesity became the norm. Many say they have never heard a bird in real life, cannot identify the prancing dancing sound of water rushing down towards the sea.

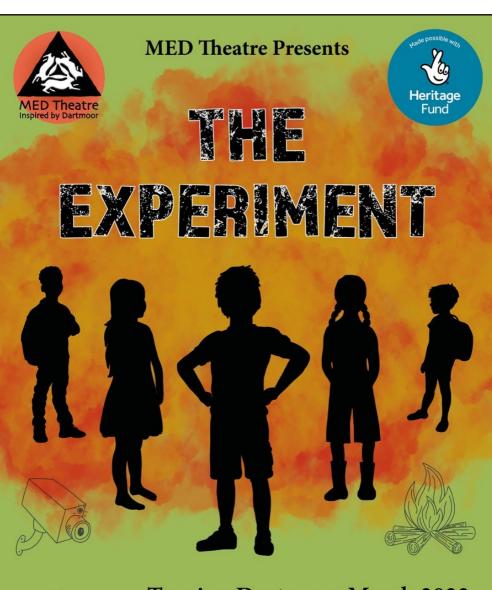


Our newly pointed office has it's home made window box returned.

There is a team however, who as if by magic make it all

happen. A band of volunteers, a band of farmers, conservation workers, cooks, cleaners, cultivators, carpenters, builders, youth workers, teachers and more. They make it happen.

Julía





Touring Dartmoor March 2023

Part of MED Theatre's 'What If...' project, supported by The National Lottery Heritage Fund

For more information: 01647 441356 / info@medtheatre.co.uk

Other Community News and Events

Princetown History Club

meets **1st Tuesday** of each month at Princetown Community Centre 7 for 7.30pm

January 2nd A talk by Simon Dell, Reverend Bray's Bardic Boulders -Sermons in Stone

February 6th A talk by Steve Fryer on Yelverton and Harrowbeer For further information, please contact:

MrJohnLissenden

phone 01752 47573

email jlissenden@talktalk.net

Mr Bill Radcliffe

email <u>bill.radcliffe2@btopenworld.com</u> **facebook** <u>https://www.facebook.com/</u> groups/PrincetownHistoryClub/events

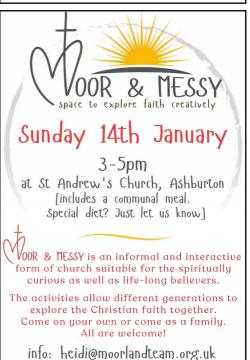


High Moorland Women's Institute Princetown

We are a small friendly group of 16 ladies based in Princetown, but many of our members live outside. We try to support the community whenever we can and are always open to ideas and suggestions in this area.

We meet on the FIRST WEDNESDAY OF EACH MONTH in PRINCETOWN COMMUNITY CENTRE at 7.30pm. Our meetings usually finish around 9 to 9.30pm.







ASHBURTON U3A

Offering many benefits of spending some quality time with like-minded people

Ashburton u3a is just one of the 1000+ groups in the UK, uniquely set-up for those who are retired or semi-retired. There is no strict age limit; we are mostly over 50.

Our shared learning and leisure groups are run by members, for members, purely for enjoyment. We are a small membership, currently 110 with more joining monthly, so you will get to socialise with a friendly crowd. We currently offer 14 interest groups, from Book Club, Creative Writing, Family History, Gardening, Music Explored, Mah-jong, Walks, Visits, and much, much more.

We also offer a monthly speaker event, a coffee morning, and seasonal occasions such as summer B-B-Q's and Christmas lunch.

See our website for all the details - https://u3asites.org.uk/ashburton/welcome

We also have a facebook page, keeping you up-to-date with dates for your diary and events https://www.facebook.com/

Are you looking to learn new skills in retirement? Are you new to the area, bereaved or feeling isolated? For most of us, creating opportunities to socialise requires us to step outside our comfort zone. When you do, you'll make many new friends, discover new interests, and enjoy hours of fun.







Come and learn, laugh and live!



Moor Mobile Foot Clinic

Treatments in the comfort of your own home

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Rachel Arrowsmith-Brown

S.A.C Dip FHPT/S.A.C Dip FHPP

01822 880005 or 07786930718

Moor Logs

www.moorlogs.co.uk





loads start from £90 for

Call Tom or Rachel Arrowsmith-Brown

Home 01822 880005 mob 07784 146037







Why we oldies are so healthy!!

Potters

Whilst enjoying an orange the other day I recalled when I first tasted this citrus fruit. As a "war baby" I didn't see an orange until the late 1940's when I would have been fortunate enough to have one in my "Christmas stocking".

However, the health benefits of oranges and orange juice were well known to the health authorities (No NHS then), and despite the rationing of food the Government made orange juice available for all children under the age of five. This proved most popular with children who loved the juice and benefitted from its provision.

Far less popular, with children was the provision of Cod Liver Oil, provided in liquid form to be taken daily with a teaspoon. Most children described this as "absolutely disgusting". Ironically the Cod Liver Oil bottle had a label "please return when

empty"

Eventually the method of consuming cod liver oil was amended when the oil was mixed with malt extract and presented as a paste. Because this 'medicine' tasted of toffee it was much more popular with children and easier for mothers to utilise.

In another article to follow we will recall 'school milk'.

David Ashman

Dartmoor Forest Parish Council

Extracts from the Council meeting on 28th October 2023

Vacancy to be filled by Co-option – following the recent resignation of Stephen Butterworth, a vacancy exists in the Princetown ward, and will be filled by co-option at the next meeting on the 19th December 2023.



Missing 'Welcome to Princetown' signs – Council again discussed the two missing signs and agreed to another attempt to locate them, using social media, the website and posters.

If anyone has any information, or knows the whereabouts of either of the signs, they are asked to contact the Clerk, in confidence.

Additional Dog Waste Bin – Council discussed various potential sites for an additional bin to cater for the Prison end of Tavistock Road. A provisional site was agreed upon and the Clerk will liaise with the land owner and WDBC to check they are in agreement with the location.

Planning - Council received a report from Cllr Greatrex regarding 0472/23 for the installation of roof and ground mounted solar PV panels at Yellowmead Farm, Princetown PL20 6SS. Council voted to recommend Approval of this application.

Budget for 2024/25 Approved – Council approved the budget, with a 3% increase on the Precept from last year.

Donation of Christmas Trees - HMP Dartmoor have again kindly agreed to supply two Christmas trees for Princetown. One tree will be placed in St Michaels & All Angels, and the other outside the Visitor Centre.

Date of next meetings:Starting at 7.30pm, Princetown Community Centre, Small Hall23rd January 2024,27th February 2024,26th March 2024,23rd April 2024Agenda and Minutes:https://www.dartmoorforestparishcouncil.gov.uk/meetings.php

Follow us on Facebook: https://www.facebook.com/dartmoorforestpc.net



From all at Dartmoor Forest Parish Council
We hope you

enjoy the festive season and wish you all the best for 2024

Parish Clerk: Miss Jackie Bennetts Telephone: 01822 859104

Email: clerk@dartmoorforestparishcouncil.gov.uk Website: www.dartmoorforestparishcouncil.gov.uk

Business Directory

In each issue of the Parish Link we promote businesses across the Parish and surrounding area, these businesses support us and enable us to publish this magazine for the local community. If you are looking for a great local business then look below. Next to each business is the page where they appear in this issue. If you call them, please let them know you found them in the Parish Link.

Agricultural Services		Home Improvements	
Dartmoor Rural Services	<u>20</u>	Ashburton Glass & Locks	<u>28</u>
Architect Services		Clear Decorating	<u>18</u>
HMAD Architects	<u>12</u>	K Decorating	<u>20</u>
Mike Gilbert Architectural Design	<u>14</u>	Rochelle's Curtains & Blinds	<u>18</u>
Cleaning & Domestic Services		Hotels and Inns	
A Clean Pair	<u>16</u>	The Rugglestone	<u>44</u>
Ashburton Chimney Sweep	<u>12</u>	Legal Services	
Carroll Cleaning Services	<u>14</u>	Francis Parffrey	<u>30</u>
Community		Machinery for Hire	
Holne Second Hand Books	<u>9</u>	Digger and Dumper Hire	<u>12</u>
Computing		Plumbing and Heating Services	
Computer Services	<u>20</u>	MH Perry	<u>16</u>
Crafts / Produce		MTP Services Ltd	<u>10</u>
Powdermills Pottery	<u>20</u>	Private Water Services	
Scott Elson Chainsaw Carvings	<u>44</u>	County Cleansing	<u>8</u>
Electrical Goods and Services		Property for sale / rent	
Darryl Hutchinson	<u>34</u>	Luscombe Maye	<u>10</u>
J Searle & Son	<u>34</u>	Rendells	<u>28</u>
Funeral Directors		Robert Williams Estate Agents	<u>8</u>
Christophers Family Funerals	<u>6</u>	Stores	
Morris Bros. Funeral Directors	<u>14</u>	Holne Community Shop	<u>6</u>
Garden Services		Tree Surgeons / Timber services	
Mole Problems	<u>20</u>	Anton Coaker	<u>28</u>
Health, Wellbeing & Beauty		Geoff Partridge	<u>12</u>
Moor Mobile Foot Clinic	<u>38</u>	Moor Logs	<u>38</u>
Pilates Classes	<u>34</u>	Sam Hall Professional Tree Care	<u>18</u>
Sophie Edmonds Massage Therapy	<u>20</u>	Spike Milton Timber Services	<u>8</u>

Contacting the Editorial Team

Email items for inclusion or any other queries to: link@moorlandteam.org.uk

For items sent by post please use the following addresses:

Link Finances (donations, advertising

fees, invoices etc)

Parish Link Treasurer

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Widecombe-in-the-Moor

Newton Abbot

Devon

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Cheques payable to:

P C C Widecombe - Link Account

All Other Correspondence

Parish Link c/o Merry Park

Widecombe-in-the-Moor

Newton Abbot

Devon TQ13 7TQ

Thank you to all those who make donations to the Parish Link.

Commercial advertising and donations ensure that the Link continues to be provided free of charge throughout the Moorland Team.

If you would like to make a donation, please contact the editorial team.

Groups and Individuals who support the Parish Link

Dartmoor Forest Parish Council

Friends of Widecombe School

High Moorland WI

Holne Parish Council

Holne Second-Hand Books

Holne Village Hall Committee

Leusdon Memorial Hall

Moorland Merrymakers

Phyl's Follies (Postbridge)

Postbridge Village Hall

Various anonymous donations

Widecombe Church House Committee

Widecombe Community Hall CIO

Widecombe Fair Committee

Widecombe History Group

Widecombe Social Group

Widecombe Parish Council

Widecombe Sports Group

Last . . . but not least . . .



"Another year over and a new one just begun." Who recognised the words from John Lennon's song?

The sense of change and desire to improve our lives is a common feeling at this time of year. Canon John Bennett has some interesting thoughts on it in his Parish Letter this month ($\underline{3}$) and many of our advertisers have services to help us do that, from improving our fitness with Pilates ($\underline{34}$) to redecorating our homes ($\underline{18}$) and ($\underline{20}$) and even treating ourselves to a relaxing massage ($\underline{20}$).

There are of course many opportunities to get out and enjoy yourself even in the middle of winter, not least the annual extravaganza that is Phyl's Follies "Red" (21). Let's hope the snow holds off so everyone can get there and back safely.

We would like to pay particular tribute this month to those hardy volunteers who head out around the moor delivering Moorland Parish Link throughout the year. Not much stops them!

If you, or anyone in your community, is starting up any new activities or events in 2024 don't forget to let us know and we'll be happy to publicise them for you.

We so enjoy putting together our little magazine, reading so much that is happening in our community and we most definitely couldn't do it without all of you, Thank You!!

As always, if you want to get in touch please just send via link@moorlandteam.org.uk

Wishing you all a Happy New Year with best wishes from "The Link Team"



Parish Link Advertising Costs							
Size	Size	Month	Year				
Sixth Page	61x60mm	£7.50	£80				
Quarter Page	61x92mm	£12	£125				
Half Page	128x92mm	£20	£215				
Full Page	128x192mm	£35	£380				

Please contact the Editorial Team for information and availability of advertising space at link@moorlandteam.org.uk

Final Copy Deadline

For the **February 2024** edition of the Link, copy deadline will be **Sunday 14th January** but please send as early as you can by email.

Next issue available on Thursday 25th January

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